



Research Protections Instructions

UC Irvine undergraduate students with human or animal subjects should consult with their UC Irvine Faculty Advisor to determine if Institutional Review Board (IRB) or Institutional Animal Care and Use Committee (IACUC) approval is needed. If you and your UC Irvine Faculty Advisor have questions after reading these instructions, please contact UROP for assistance: urop@uci.edu or (949) 824-4189.

Click on the headings below to learn more about each approval process:

- [Institutional Review Board \(IRB\): Research Involving Human Subjects](#)
- [Institutional Animal Care and Use Committee \(IACUC\): Research Involving Animal Subjects](#)

Institutional Review Board (IRB): Research Involving Human Subjects

Is my research project “Exempt” from IRB approval?

“Exempt” research involves **less than minimal risk to human subjects**. With some exceptions, UC Irvine Faculty Advisors, working together with their student researchers, may **self-determine** whether their research qualifies as “Exempt.”

How can I determine if my research qualifies for “Exempt Self-Determination?”

Review the following links to determine whether your research qualifies for self-determination:

- [UCI Office of Research: Do You Need IRB Review? A Quick-Start Guide](#)
- [UCI Office of Research: “Exempt” Categories](#)

What should I keep in mind as I apply for a UROP award and determine IRB approval for my research project?

You will be following **two** parallel processes involving **both** the Undergraduate Research Opportunities Program (UROP) and the UCI Office of Research. Consider the following:

Steps You Need to Take for UROP	Steps You Need to Take for UCI Office of Research		
<p>Verify in your online application the status of your IRB process by the deadline of the UROP award you are applying to (e.g., REF, IRT, or SURP).</p> <p>You will indicate on the UROP application if your project qualifies as “Exempt”, already has IRB approval, or is undergoing IRB review.</p>	<p>Review the Do You Need IRB Review? information with your UC Irvine Faculty Mentor. Your Faculty Mentor will determine if the project qualifies as “Exempt.”</p> <table border="1" data-bbox="607 1184 1414 1656"> <tr> <td data-bbox="607 1184 1024 1656"> <p><u>If the project IS “Exempt:”</u></p> <p>Complete and submit the “Administrative Determination-Exempt Self-Determination” form and supplementary documents in ZOT IRB.</p> <p>IRB approval is <u>NOT</u> required, but IRB registration is still needed <u>before you begin your research.</u></p> </td><td data-bbox="1024 1184 1414 1656"> <p><u>If the project DOES NOT qualify as “Exempt:”</u></p> <p>It must be added to an existing protocol or undergo an IRB review process and must be approved.</p> <p>IRB approval <u>IS</u> required <u>before you begin your research.</u> Consult with your Faculty Mentor for guidance.</p> </td></tr> </table> <p>Note from UROP: IRB registration or approval is not required by the time you submit your application for the UROP award you're applying to (e.g., REF, IRT, or SURP). However, registration or approval is needed <u>before you begin your research.</u></p>	<p><u>If the project IS “Exempt:”</u></p> <p>Complete and submit the “Administrative Determination-Exempt Self-Determination” form and supplementary documents in ZOT IRB.</p> <p>IRB approval is <u>NOT</u> required, but IRB registration is still needed <u>before you begin your research.</u></p>	<p><u>If the project DOES NOT qualify as “Exempt:”</u></p> <p>It must be added to an existing protocol or undergo an IRB review process and must be approved.</p> <p>IRB approval <u>IS</u> required <u>before you begin your research.</u> Consult with your Faculty Mentor for guidance.</p>
<p><u>If the project IS “Exempt:”</u></p> <p>Complete and submit the “Administrative Determination-Exempt Self-Determination” form and supplementary documents in ZOT IRB.</p> <p>IRB approval is <u>NOT</u> required, but IRB registration is still needed <u>before you begin your research.</u></p>	<p><u>If the project DOES NOT qualify as “Exempt:”</u></p> <p>It must be added to an existing protocol or undergo an IRB review process and must be approved.</p> <p>IRB approval <u>IS</u> required <u>before you begin your research.</u> Consult with your Faculty Mentor for guidance.</p>		

My research qualifies for “Exempt Self-Determination” (i.e., IRB review and approval not required), what do I do next?

Self-determination is made by completing the “Administrative Determination-Exempt Self-Determination” form in ZOT IRB. **Do not submit this form to UROP.**

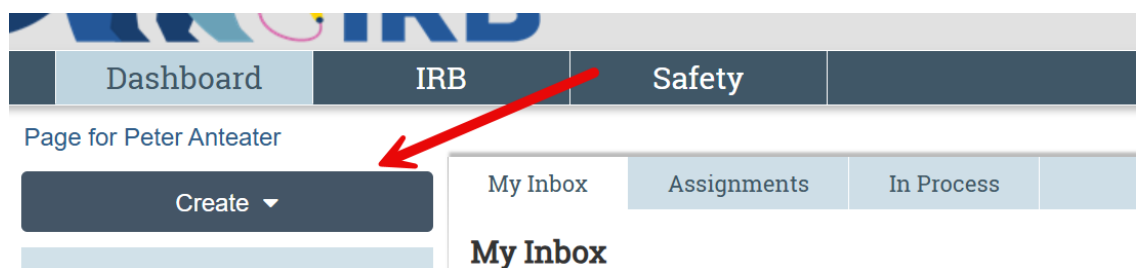
Prior to completing the form in ZOT IRB, make sure you complete the [PROTOCOL NARRATIVE – Exempt Research Self-Determination](#) as this will need to be uploaded into ZOT IRB.

Complete the Protocol Narrative and ZOT IRB form with your UC Irvine Faculty Mentor’s guidance to ensure all information is accurate. Follow the steps below:

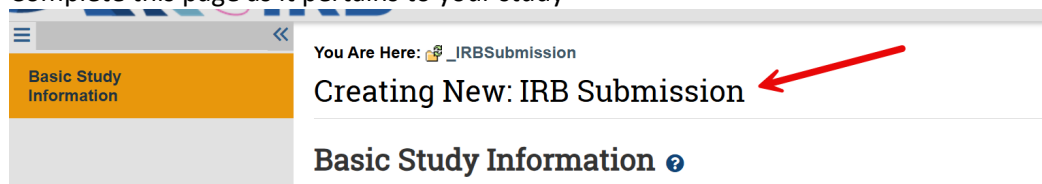
- 1) Refer to the [ZOT IRB Researcher’s Guide](#) for detailed instructions and screenshots for guidance on how to use ZOT IRB.
 - a. Review the [HRP Toolkit](#), which houses all critical-IRB related documentation in one place. Some new templates and information you will find are: User Guides & Manuals, Standard Operating Procedures (SOPs), and Principal Investigator Worksheets.
- 2) Log in to the ZOT IRB website using your UCInetID & password. You will then be on your Dashboard, which is the starting point for finding items and performing many basic tasks.
- 3) From your Dashboard, you will see:
 - My Inbox
 - My Reviews
 - Create menu and buttons
 - Recently Viewed items
 - Personalize Table

For more information about these key items on your Dashboard, please see the ZOT IRB Researcher’s Guide.

- 4) Select the “Create” button on your Dashboard to create a new study

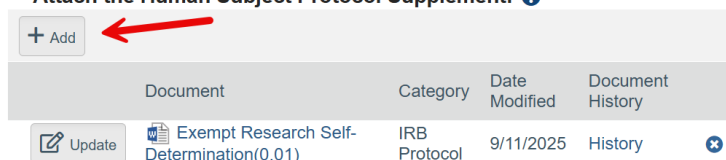


- 5) Creating New: IRB Submission:
Complete this page as it pertains to your study



Prompt #8 will ask you to “Attach the Human Subject Protocol Supplement”. This is where you will upload the completed PROTOCOL NARRATIVE – Exempt Research Self-Determination

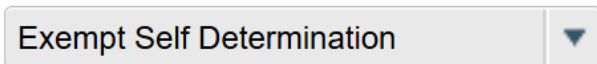
8. ** Attach the Human Subject Protocol Supplement: ?



Document	Category	Date Modified	Document History
Exempt Research Self-Determination(0.01)	IRB Protocol	9/11/2025	History

Prompt #17 “Submission Type” is where you would select “Exempt Self Determination”

17. * Submission Type: ?



Click “Continue” at the bottom of the page once the “Basic Study Information” page is completed.



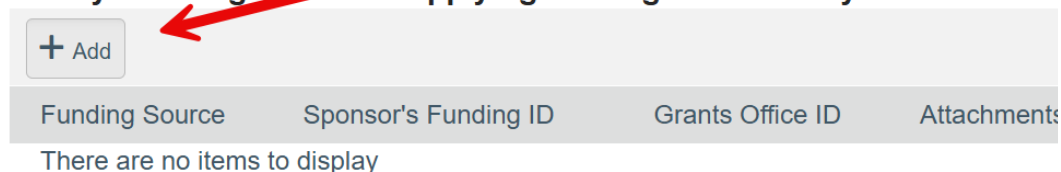
6) Study Funding Sources:

ALL UROP studies must add “Undergraduate Research Opportunities Program (UROP) as a funding source (see the steps below). This is a required field in the system, so you must add UROP regardless of whether or not you are requesting or receiving funding.

Select “Add”

Study Funding Sources ?

1. Identify each organization supplying funding for the study:



Funding Source	Sponsor's Funding ID	Grants Office ID	Attachments
There are no items to display			

A pop-up page will appear, ONLY answer #1 and #5 on this page. For #1, find the funding organization:



Add Funding Source



1. * Funding organization: ?

A pop-up for “Select Organization” will appear. Filter by NAME, enter %Undergraduate%, click “go”. The following options should appear, then select UROP (see below screenshot) and “OK”.

Select Organization

Filter by

Name

%Undergraduate%

Go

Clear

Advanced

Total Selected: 1

1-2 of 2

ID	Name	Category	Parent Orgar
<input type="radio"/> 00VH7K	COUNCIL ON UNDERGRADUATE RESEARCH (THE)	Sponsor	
<input checked="" type="radio"/> 990003	Undergraduate Research Opportunities Program (UROP)	Sponsor	

Total Selected: 1

1-2 of 2

OK

For #5 answer “yes” and then select “OK” at the bottom of the screen

5. * Is UCI the prime recipient of the award?

☒ Yes ☐ No [Clear](#)

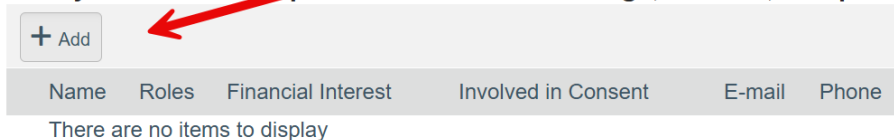
7) Local Study Team Members:

This page is where you would add your Faculty Advisor (see screenshots below):

Select “Add”

Local Study Team Members

1. Identify each additional person involved in the design, conduct, or reporting of the research



+ Add

Name	Roles	Financial Interest	Involved in Consent	E-mail	Phone
There are no items to display					

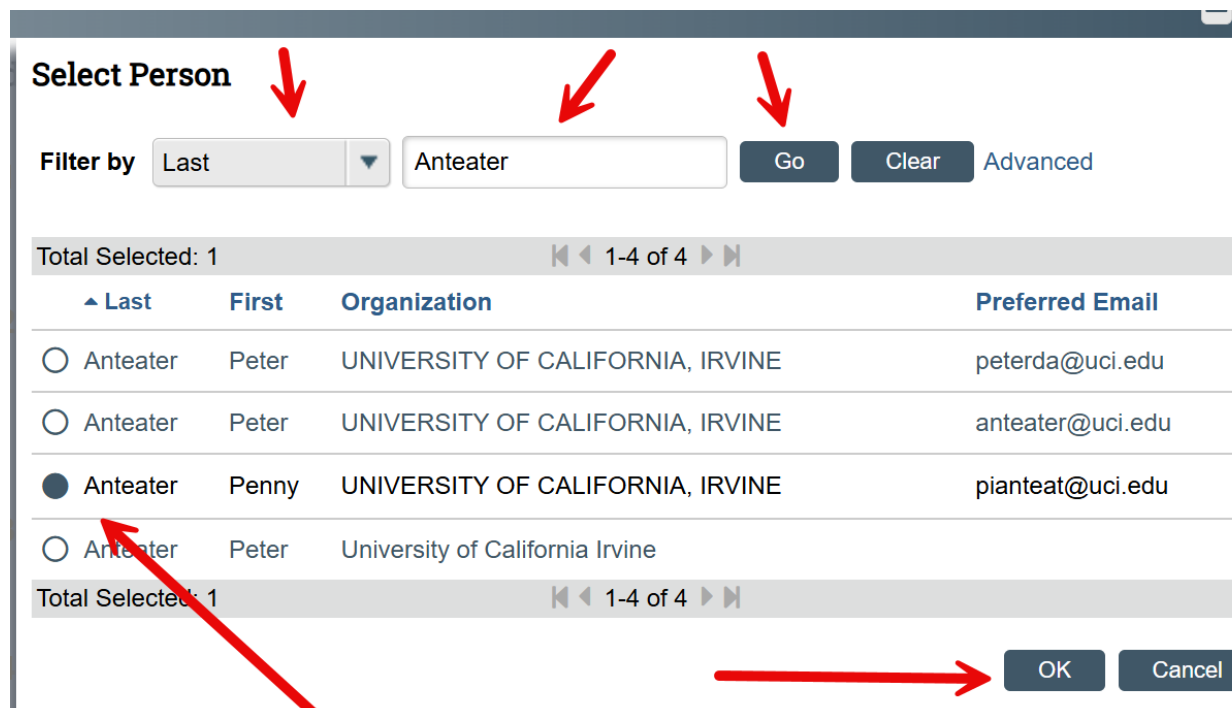
A pop-up for “Add Study Team Member” will appear. For #1, search for your Faculty Advisor.

Add Study Team Member

1. * Study team member: ?



Another pop-up will appear to “Select Person”. Filter by “Last”, type in your Faculty Advisor’s last name and click “Go”. Then select the your Faculty Advisor and click “OK” at the bottom of the screen.



Select Person

Filter by: Last **Go** **Clear** [Advanced](#)

Total Selected: 1 1-4 of 4

	Last	First	Organization	Preferred Email
<input type="radio"/>	Anteater	Peter	UNIVERSITY OF CALIFORNIA, IRVINE	peterda@uci.edu
<input type="radio"/>	Anteater	Peter	UNIVERSITY OF CALIFORNIA, IRVINE	anteater@uci.edu
<input checked="" type="radio"/>	Anteater	Penny	UNIVERSITY OF CALIFORNIA, IRVINE	pianteat@uci.edu
<input type="radio"/>	Anteater	Peter	University of California Irvine	

Total Selected: 1 1-4 of 4

OK **Cancel**

Your Faculty Advisor should now appear under #1.

Add Study Team Member

1. * Study team member: ?

Penny Anteater



Next select "Faculty Advisor" for #2

2. * Role in research: (check all that apply)

☐

Co-investigator

☐

Research Assistant

☒

Faculty Advisor



Complete the rest of this page as it relates to your Faculty Advisor's role and responsibilities for the study. Select "OK" at the bottom once completed. You will be redirected to the "Local Study Team Members" page and will see the following:

Local Study Team Members

1. Identify each additional person involved in the design, conduct, or reporting of the research: ?

+ Add						
	Name	Roles	Financial Interest	Involved in Consent	E-mail	Phone
Update	Penny Anteater	Faculty Advisor	no	no	pianteat@uci.edu	X



8) Study Scope:

Questions #1 & #2 will be answered "no" for all exempt self-determination studies.

Study Scope ?

1. * Does the study specify the use of an approved drug or biologic, use an unapproved drug or biologic, or use a food or dietary supplement to diagnose, cure, treat, or mitigate a disease or condition? ?

☐ Yes ☒ No [Clear](#)

2. * Does the study evaluate the safety or effectiveness of a device or use a humanitarian use device (HUD)? ?

☐ Yes ☒ No [Clear](#)

Next you will complete the Exempt Self-Determination questions as they pertain to your study. Questions will auto-populate depending on your answers.

For question #8 please select which Exempt categories apply to your research.

8. * Select the category(ies) that apply to the research:

[Go to forms menu](#) [Print](#) [Help](#)

- ☐ 1) Research, conducted in established or commonly accepted educational settings and specifically involves normal educational practices that are NOT likely to adversely impact students opportunity to learn
-
- ☐ 2i) Research that includes only interactions involving educational tests (cognitive, diagnostic, aptitude, achievement) survey procedures, interview procedures, or observation of public behavior including visual or auditory recording) if the information obtained is recorded by the investigator in such a manner that the identity of the human subjects CANNOT readily be ascertained, directly or through identifiers linked to the subjects
-
- ☐ 2ii) Research that includes only interactions involving educational tests (cognitive, diagnostic, aptitude, achievement) survey procedures, interview procedures, or observation of public behavior including visual or auditory recording) if any disclosure of the human subjects responses outside the research would NOT reasonably place the subjects at risk of criminal or civil liability or be damaging to the subjects financial standing, employability, educational advancement, or reputation
-
- ☐ 3iA) Research involving benign behavioral interventions in conjunction with the collection of information from an adult subject through verbal or written responses (including data entry) or audiovisual recording if the subject prospectively agrees to the intervention and information collection and the information obtained is recorded by the investigator in such a manner that the identity of the human subjects CANNOT readily be ascertained, directly or through identifiers linked to the subjects
-
- ☐ 3iB) Research involving benign behavioral interventions in conjunction with the collection of information from an adult subject through verbal or written responses (including data entry) or audiovisual recording if the subject prospectively agrees to the intervention and information collection and any disclosure of the human subjects responses outside the research would NOT reasonably place the subjects at risk of criminal or civil liability or be damaging to the subjects financial standing, employability, educational advancement, or reputation
-
- ☐ 4i) Secondary research for which consent is not required: Secondary research uses of identifiable private information or identifiable biospecimens, if the identifiable private information or identifiable biospecimens are not linked to the subjects
-
- ☐ None of the above categories apply to the research

✕ Exit

Save

Continue ➔

****IMPORTANT** – Question #9 You will be attesting that your answers within the application meet the criteria for self-determination. Make sure to check the box and read the instructions below the prompt. **DO NOT SUBMIT THIS PROJECT TO THE IRB. After checking the box, exit the page.**

9. * I attest that the above answers represent my final answers for self-determination. ☒

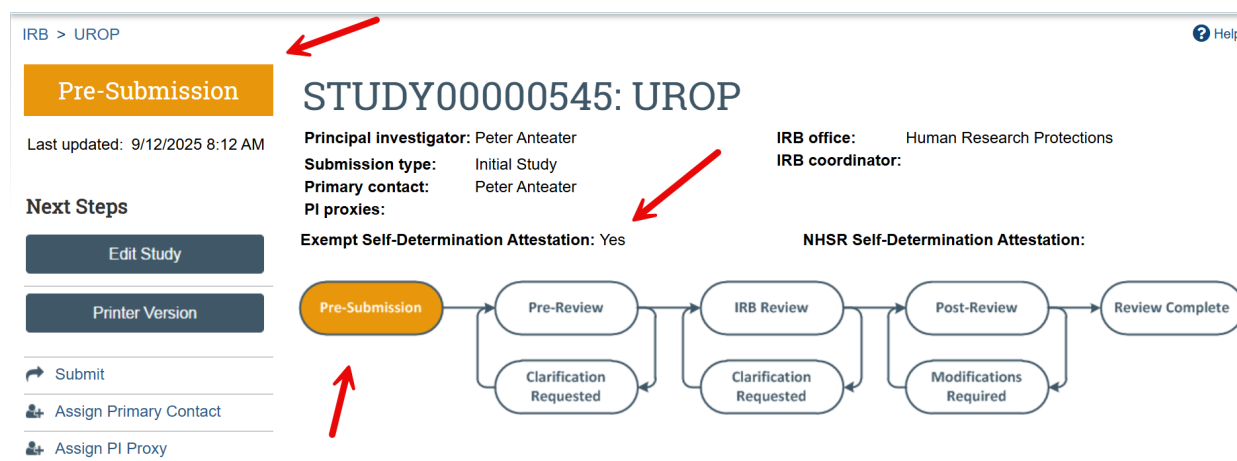
The responses, as indicated above, meet the criteria for Exempt Self-Determination. Project activities may begin immediately.

UCI IRB review is not required and will not be provided. Do NOT submit this project to the IRB. The study status will remain as "Pre-Submission" and a confirmation of registration will not be sent.

Should the study sponsor require evidence of a this determination, please provide them with a printout/PDF of the submission.

IMPORTANT! If there are changes to the study such that IRB review is required, a new protocol should be submitted with a reference to the self-determination.

The study status will remain as "Pre-Submission" and a confirmation of registration will NOT be sent to you. See an example below of how your study will appear in ZOT IRB:



IMPORTANT NOTES:

- ✓ Compile all supplementary documents (e.g., survey questions, fliers used to advertise your study, etc.) and save them in a separate file for documentation purposes.
 - **DO NOT** attach or upload them into ZOT IRB.
 - Use the [HRP Toolkit](#) for templates, guides, and worksheets
- ✓ Save a copy of your completed protocol by clicking "Printer Version".
- ✓ A confirmation email of registration from ZOT IRB will **NOT** be sent.
 - Your study status will remain as "pre-submitted" on the ZOT IRB portal and will not

change.

- ✓ IRB review and approval are not required for “Exempt” projects, and you will NOT receive any kind of “approval” documentation.
 - You may begin your research as soon as the form is complete.

Institutional Animal Care and Use Committee (IACUC): Research Involving Animal Subjects

Is my research project “Exempt” from IACUC approval?

If your research involves animal subjects, you must receive [IACUC approval](#) ***before you begin your research***. ***There are no exceptions.***

How can I determine if my research requires IACUC review and approval?

For assistance in determining whether or not your planned activity requires review, visit the following webpage with your UC Irvine Faculty Advisor:

- [Do You Need IACUC Review?](#)
-

What should I keep in mind as I apply for UROP's recognition and funding opportunity and determine IACUC approval?

IACUC approval is not required by the time you submit your UROP recognition and funding opportunity you're applying to (e.g., REF, IRT, or SURP). However, ***approval is needed before you begin your research.***