

Research discoveries can improve people's health.

Before you decide to become a research volunteer, get the facts:

- Know what you're getting into.
- Ask questions.
- Learn as much as you can.
- Know the pros and cons.

It's Your Decision



For more information call:

Office for Human Research Protections

Toll-Free (866) 447-4777

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Rockville, MD 20852
www.hhs.gov/ohrp
E-mail: ohrp@hhs.gov

Contacting the UCI IRB

UCI Office of Research HRP staff are working 100% remotely. Our business hours are Monday - Friday 8AM-5PM. All staff are responding to emails and calls as usual.

The main phone number — (949) 824-8170 — will send you straight to voicemail. Please be assured that although we are not answering this phone line, all messages are being listened to in real time and forwarded to the appropriate colleague for follow up.

You may also email us at
IRB@research.uci.edu



U.S. DEPARTMENT OF HEALTH & HUMAN SERVICES
OFFICE OF THE SECRETARY
OFFICE OF PUBLIC HEALTH & SCIENCE
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BECOMING A RESEARCH VOLUNTEER:

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Someday, you or a family member may want to take part in a research study. If this happens, the information here may help you make the right decision.

What Is Research?

- Research is a study that is done to answer a question.
- Scientists do research because they don't know for sure what works best to help you.
- Some other words that describe research are clinical trial, protocol, survey, or experiment.
- Research is not the same as treatment.

Why Is Research Important?

Research has led to important discoveries that make our lives better. Some examples are:

- New drugs to treat cancer, diabetes, and other diseases
- Ultrasound, X-ray machines, and diagnostic tests
- Vaccines
- Ways to stop smoking
- Improved medical procedures

Questions to Ask

- What exactly will happen to me in the research?
- Will there be any unpleasant side effects?
- Will the research help me personally?
- What other options do I have?
- Can I leave the study at any time?
- Will it cost me anything personally?



Points to Consider

- A research study may or may not help you personally.
- In the future, the results could help others who have a health problem.
- Taking part in research is voluntary.

